

WRPA AQUATIC NETWORK

PRESENTS:

**2019 SKILL BUILDER
JUNE 8, 2019**

**TRAINING THE
TRAINER**

**NOT AT YOUR
FACILITY**

**PRACTICING
EFFECTIVE TRAINING
SKILLS FOR
LIFEGUARDS**

**AT THE CITY OF RENTON'S
HENRY MOSES AQUATIC CENTER
1719 MAPLE VALLEY HWY
RENTON WA 98057**



**DEVELOPING EFFECTIVE TRAINING SKILLS
-PETE DEQUINCY, EAST BAY REGIONAL PARK
DISTRICT**



**NOT AT YOUR FACILITY
-BILL O' MELIA
DRENNEN'S DREAM FOUNDATION**



**PUTTING INTO PRACTICE EFFECTIVE
TRAINING SKILLS FOR LIFEGUARDS
-PETE DEQUINCY**



**Washington Recreation and Park Association
2150 N 107th Street Suite 205 Seattle, WA
98133 | 888-459-0009 | wrpa@wrpatoday.org**

2019 AQUATIC SKILL BUILDER

Fees: All Day training \$30 9:00-2:30 pm \$15 1:00-5:30 pm \$15

Schedule: June 8, 2019

8:30 am: Check in

9:00-12:00 pm: Training the Trainer-Pete DeQuincy

12:00-1:00 pm: Bring your own lunch

1:00-2:30 pm: Not at Your Facility - Bill O' Melia

2:30-5:30 pm: Putting into Practice Effective Training Skills - Pete DeQuincy

What to bring: Participants are encouraged to bring pocket masks, hip packs, rescue tubes and non-latex gloves for your team for scenarios. Be prepared to participate.

9:00AM-12:00 PM -

DEVELOPING EFFECTIVE TRAINING SKILLS: TRAINING THE TRAINER

This workshop focuses on strengthening your skills as an effective trainer. We will review ideologies, learning objectives and strategies to streamline in-service training. This is an intensive, hands-on skill session with the opportunity for group teach backs, individual instructor development and troubleshooting of skill areas.

12:00-1:00 PM - LUNCH ON YOUR OWN/BROWN BAG

1:00 PM- 2:30 PM -

DON'T LET TRAGEDY BE YOUR TEACHER

Drowning is preventable. At this session, Bill O'Melia, from the segment "Not on Your Watch" included in the American Red Cross Lifeguarding program, will share his son Drennen's story and the role management played in his fatal drowning.

2:30-5:30 PM -

PUTTING INTO PRACTICE EFFECTIVE TRAINING DRILLS

This hands-on active session will focus on development of lifeguard team performance in critical incidents on both land and in water. Be prepared for a non-stop, full participation session showing the possibilities for in-service training. All drills will be team based with either pass or fail results, you're allowed to make mistakes. For the whole team to move forward, every team member must meet the objective of the drill. We are a team and we must help each other succeed.

Thank you to the City of Renton for the use of their amazing facilities.

Register online at www.wrpatoday.org